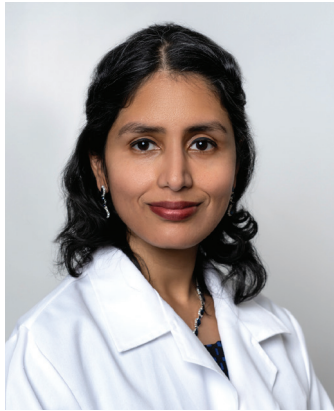


Join us at Westchester Medical Center for Wellness Walks, featuring Anusha Lekshminarayanan, MD, Sports and Rehabilitation Medicine



**Anusha
Lekshminarayanan, MD**
Sports Medicine
Attending Physician
Physical Medicine
& Rehabilitation
Westchester Medical Center

Assistant Professor of
Rehabilitation Medicine,
New York Medical College

**Learn about injury
prevention, mobility,
nutrition, and overall
health from our team
at WMCHealth.**

*This event is open to people
with all abilities (cane, walkers,
wheelchairs, prosthetics).*

**Wednesday,
April 17, 2024
5:30 - 6:30 p.m.**

**Westchester
Medical Center
Macy Oval
100 Woods Road
Valhalla NY 10595**

**Free and open
to the public
Free parking is
available at Lot 16**



**Westchester
Medical Center**

Westchester Medical Center Health Network

100 Woods Road, Valhalla, NY 10595
WestchesterMedicalCenter.org










Westchester Medical Center

Westchester Medical Center Health Network

Parking and Site Map



Key

-  Valet Parking
-  Visitor and Patient Parking
-  Staff Parking
-  County Bus Stop
-  Building Entrances
-  Parking Office
-  Emergency Department